

LIVERPOOL  
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COUNCIL

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WEST



# EAT YOUR HEART OUT LIVERPOOL

SAT 25 AUG  
2-9PM  
RAILWAY ST



FOOD



MUSIC



MARKETS



GAMES



#EatYourHeartOut

[www.liverpool.nsw.gov.au](http://www.liverpool.nsw.gov.au)

## MAYOR'S MESSAGE



Welcome to Eat Your Heart Out Liverpool – the biggest event in our CBD this year.

Join us as we celebrate our city as a wonderful place to live, work and play.

This year the event will light up Railway Street with live music, arts and culture and, of course, amazing food.

Railway Street is a corridor to the rest of the Liverpool CBD – a gateway to our vibrant city centre.



**Mayor Wendy Waller**

## TASTE TOURS

Whet your appetite with a guided tour through Liverpool's best foodie destinations on 25 August, with a two hour food tour from 12noon, then stay for the main course as Eat Your Heart Out heats up.

Prices start at \$60 adult, \$50 concession and \$40 for under 18s.

Details and bookings:  
[tastetours.com.au](http://tastetours.com.au)



## WORKSHOPS

FREE

Every Saturday in August leading up to Eat Your Heart Out, artists will run workshops at 44 Railway Street.

Break out your inner dancer at **Shaun Parker & Co's** tutting workshops.

Words more your thing? Slam your own poetry and spin rhymes like a pro with **Bankstown Poetry Slam** to get you ready for the open mic slots on the night.

Join artist **Melissa Carey** and weave your way into the festival with her fence weaving workshops.



## WORKSHOP TIMETABLE

### Saturday 4 August

Weaving Workshop	1pm – 3pm
Tutting Workshop	12pm – 1.30pm

### Saturday 11 August

Tutting Workshop	12pm – 1.30pm
Poetry Slam Workshop	12pm – 1.30pm

### Saturday 18 August

Weaving Workshop	1pm – 3pm
Tutting Workshop	12pm – 1.30pm
Poetry Slam Workshop	12pm – 1.30pm

### Saturday 25 August

Weaving Installation	3pm – 5pm
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# MAIN STAGE

FREE

Enjoy some of Sydney's best performers on the main stage.

<b>Manutabu</b>	2pm
<b>Gang of Brothers</b>	3.30pm
<b>THE YARD by Shaun Parker &amp; Co</b>	4.40pm
<b>The Strides</b>	5pm
<b>THE YARD by Shaun Parker &amp; Co</b>	6.20pm
<b>Turquoise Prince</b>	6.40pm
<b>THE YARD by Shaun Parker &amp; Co</b>	7.40pm
<b>Thandi Phoenix</b>	8pm



**Shaun Parker & Co** is an exhilarating and bold Australian dance company tutting around Railway Street. Their performance of THE YARD celebrates the extraordinary in the ordinary of Western Sydney.



**The Strides** are an expert nine-piece band showcasing the classical roots of reggae with a hip-hop, modern dancehall, jazz and afrobeat edge.



**Manutabu** is a Sydney based band playing feel good island music. Their recent album Noqu Ka Talei proved a massive hit on Fijian airwaves.



**Turquoise Prince** is a south-side Canberra-born rapper and indie star who sings lyrical truths.

**Gang of Brothers** specialise in culturally diverse styles of groove and rock. Their cross-cultural talent is not to be missed.



**Thandi Phoenix** strikes listeners with her voice: powerful, soulful and honest. Her vocals will stop you in your tracks.







# FOOD

**FEAST OF THE EAST** serves traditional Lebanese street cuisine.

**DUTCH POFFERTJES HOUSE** offer light, fluffy and sweet Dutch pancakes.

**CLASSIC SOFT SERVE** is the ice-cream all can enjoy.

**BERLIN BANGERS** serve up delicious gourmet hotdogs.

**KALYE** offer tasty Filipino delicacies.

**PIMP MY CHIMNEY** donuts and ice-cream – a match made in heaven.

**DIRTY BIRD** is the tastiest fried chicken specialist in town.

**MACQUARIE BISTRO POP-UP** is the best place to grab a delicious meal and a cheeky cocktail.

**VN NOODLE HOUSE** serves the best Vietnamese street food.

**AUTHENTIC THAI DELIGHT** offer thai-rrific meals.

**HAPPY CAFE & CREAM HOUSE** is the place for the best fusion Malaysian-Singaporean dishes.

**FIJI STYLE DESI DHABA** is all about brightly coloured curries and sweets.



# THE WESTIES MARKETS



Enjoy the wears of artisan market stalls and get to know the maker behind the product, thanks to The Westies. Stallholders include:

**AKA COFFEE**

**BATH BUMS BOUTIQUE**

**FROG PILE MARKETING**

**GREEN FIX**

**KARMA CANDLE CO**

**MADE:HERE**

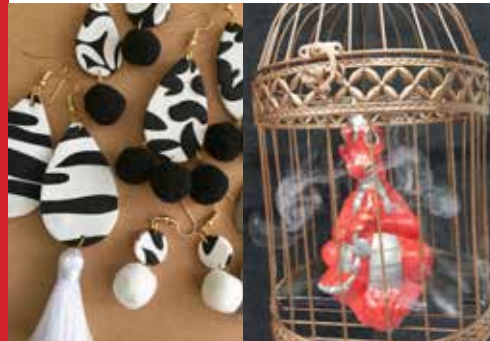
**PAINT YOUR OWN CERAMICS**

**PAPERLIGHT**

**TASS AND POM**

**THE HENNA REALM**

**UNICORNS VS MERMAIDS**



## SERVICWAY STAGE

FREE

Come enjoy the jams of emerging Western Sydney musicians and the slams of Bankstown Poetry Slam on the Serviceway Stage. There are three \$50 Westfield gift vouchers to be won for those budding poets who want to perform on the open mic.

TUT by Shaun Parker & Co

Caio Ferraz

King Misstra

Erika Rocuant

Madelaine De Leon

Bankstown Poetry Slam + open mic

Red Roy

Jessica da Rosa

Bankstown Poetry Slam + open mic

Alwyn De Los Santos

Kealoana Stevenson

Clarissa Mei Bock

2pm

2.15pm

3.15pm

3.50pm

4.20pm

5pm

5.30pm

6pm

7pm

7.50pm

8.20pm

8.40pm



## ART FROM THE HEART

With **Melissa Carey's** giant heart sculpture arching over Railway St as its centre-piece, Eat Your Heart Out 2018 features bold and exciting street art.

Lose yourself in **Julia Townsend's** colourful abstract mural along Railway Serviceway.

Flashback to Saturday morning cartoons with **Thomas Thorby-Lister's** hand-drawn and eccentric animations along Railway Street.

Appreciate **Settlement Services International's** community mural advocating peace and strength in diversity.

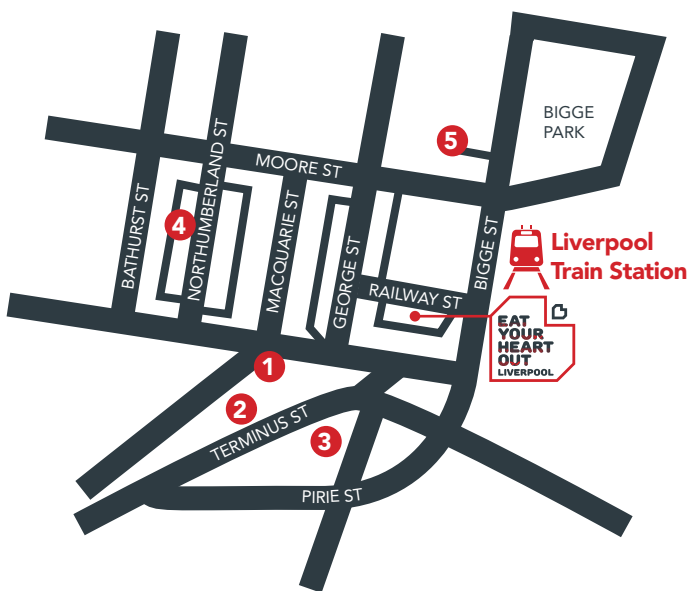
Liverpool has helped produce some amazing local art over the past year, catch our **resident artist showcase** on the screen in Railway Serviceway with **Thomas Thorby-Lister** and **Stephanie Peters**.



# HOW TO GET THERE

## FREE PARKING

- 1 Crunch Fitness
- 2 Eat St Car Park
- 3 Pirie Street Car Park
- 4 Northumberland Car Park
- 5 Warren Serviceway Car Park



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